



OREGON SCIENCE OLYMPIAD

October 2025 Update

This month we release our tournament date and schedule! We are happy to announce a Saturday, March 14, State Tournament. University of Portland continues to be a gracious host site. You can see our [draft schedule](#) here -- please note there are two possibilities.

Here are some other things you can do to begin this year's season. If you have questions about any of these things, please let me know at oregonscienceolympiad@gmail.com, the new e-mail I will be using for this tournament season. -- Ashley da Silva, State Director

View the Event Rules.

Official rules for the 2026 events are available for download! These tell how to prepare for each of the 23 B division (middle school) and the 23 C division (high school) events. Online link: <https://www.soinc.org/rules-2026>

There are also short descriptions of these [B Division \(middle school\)](#) and [C Division \(high school\)](#) challenges.

Rules corrections are posted on [this webpage](#). These fix confusing parts of the published rules. There are a few already!

Register Your Team.

Students participate in Science Olympiad by team. Each team will need to [register](#) with a school-based coach (teacher or other staff member). After registration, please go to "[shop](#)" for the team fee payment options.

Last year, Science Olympiad alum Surya Panam created some [tips about the roles of team captains & coaches](#) that could be useful to new teams.

We also have some tips available at <https://oregonscienceolympiad.org/start-a-team/>.

Register for an Invitational.

If your team is registered in Oregon, you can participate in an invitational. These allow practice opportunities and are run by different organizations nationwide.

Rickard's Invitational (B/C Divisions, online competition Nov. 2 - 9): <https://rsoi.org/>

LASA SO (B/C divisions, online competition Oct. 19 - 31): <https://scilympiad.com/lasso>

Horace Greeley Invitational (B only, online competition Jan 19-25): <https://sites.google.com/students.chappaquaschools.org/hginvitational/home>

Attend a New Coaches' Meeting.

[Click here to attend a Nov. 3 New Coaches' Meeting](#). The event is free on Zoom, but we are not posting public links for security.

You can view the presentations from our fall Event Workshops here: [Water Quality](#), [Rocks & Minerals](#), [Boomilever](#).

Join Our E-Mail List.

We encourage team captains, coaches, and parents to read these tips and then sign up for our e-mail list. Sign up link: <https://oregonscienceolympiad.org/e-mail-lists/>

Find Resources from our National Org!

Our national organization has archived a variety of [workshops](#) that might be useful to you at the start of our new season.

[MySO](#) offers lesson plans, practice tests, and workshops with real scientists and engineers.